Year 10 Curriculum Overview Health and Social Care

Autumn Term

Golden Threads:

A1: Growth and Development, P.I.E.S Classification, Infancy, Early childhood, Adolescence, Early Adulthood, Middle Adulthood, Later Adulthood,

A2: Physical factors: Lifestyle factors

HT1 – Component 1

Human Lifespan Development

A1 Human growth and development across life stages Infancy to Adolescence

Define the terms 'growth' and 'development' Give two examples of how growth is measured

List the 6 life stages

Define PIES development

Explain the terms 'fine' and 'gross' motor skills

What is the age range for infancy?

Define the term 'attachment'

Explain the term 'bonding'

List 3 things that children need to feel emotionally stable

Define security and contentment

List the four areas of intellectual development that occur in childhood Identify the two parts of language development that occur during infancy. Identify the two categories of sex characteristics

Define self-esteem

HT2 – Component 1

Human Lifespan Development

A1 Human growth and development across life stages

Early Adulthood to Later Adulthood

A2 Factors affecting growth and development

Explain the term 'physically mature'

Define menopause

Explain social isolation

List some of the physical developments that can occur during menopause.

List some of the emotional developments that can occur during menopause

Explain how social isolation may occur during menopause.

List 4 physical developments that may occur during later adult hood

Define the term 'genetic inheritance'

What is dementia

Explain a range of inherited conditions and how they affect the body

Define the term 'sensory impairment'.

What is type 2 diabetes and what is the cause.

Define the term 'disability'

What is cardiovascular disease.

List 4 life events that could affect someone's emotional development during

later adulthood

How can nutrition affect growth and development

	Define the term substance misuse
Spring	g Term
Golden Threads:	
A2: Emotional factors: Social factors: Cultural factors: Environmental factors: E	conomic Factors:
B1 : Health and Wellbeing, Relationship changes, Life circumstances	
B2: resilience, self-esteem, emotional intelligence, disposition multi-agency wo	orking
HT3 -	HT4
A2 Factors affecting growth and development	PEARSON SET ASSIGNMENT 1 Written within lessons
List the emotional events according to the stress they cause to an individual	Learning outcomes:
Explain the terms social inclusion/exclusion	A: Understand human growth and development across life stages and the
What is discrimination?	factors that affect them
What environmental factors can have a negative impact on PIES	B Understand how individuals deal with life events
What financial resources could have a positive impact on PIES	
Learning Outcome B: Understand how individuals deal with life events	
B1 Different types of life event	
What physical and mental factors could impact a persons PIES	
What types of relationship changes could occur over the life stages	
What life circumstances can affect individuals over the life stages	
B2 Coping with change caused by life events	
What are the character traits that influence how individuals cope?	
What sources of support can help individuals adapt?	
Define 'multi-agency' and 'multidisciplinary'	
What does an occupational therapist do.	
What types of support can help individuals adapt?	

Summe	
Golden Threads:	Golden Threads:

Health conditions, Health services, Social care services,	Physical barriers, sensory disability barriers, social and cultural backgrounds
PEARSON SET ASSIGNMENT 1 Written within lessons Finished Component 2 A1 Healthcare services What is COPD? What cardiovascular conditions can affect an individual? What additional needs could an individual have? What are the allied health professions? How does and multidisciplinary team operate? A2 Social care services Define the term 'social care' What is domiciliary care and respite care? What services are available for children and young people? What services are available to adults and children with specific needs?	Physical barriers, sensory disability barriers, social and cultural backgrounds HT6 — A3 Barriers to accessing services What is the definition of a barrier? What are the physical barriers for accessing facilities? What can individuals with sensory disabilities access? What barriers do people from different social and cultural backgrounds experience and how can they be overcome? What are the ways people can overcome language barriers? Define the term 'geographical barriers' Define the term 'intellectual' barriers. What ways are there to overcome intellectual barriers. If individuals have financial barriers what services can they access to assist them.

Year 11 Curriculum Overview Health and Social Care

Autumn Term

Golden Threads:

Health conditions, Health services, Social care services, Physical barriers, sensory disability barriers, social and cultural backgrounds

- B1 Skills and attributes in health and social care
- B2 Values in health and social care
- B3 The obstacles individuals requiring care may face
- B4 The benefits to individuals of the skills, attributes and values in health and social care practice

HT1 -

Component 2 - Services and Values

What skills do you need to deliver care effectively?

What attributes does an individual need?

What are the 6 'C's and explain what they mean?

Define the definition of obstacles in relation to care users.

What makes targets unachievable?

What are potential obstacles and what causes them?

How will those receiving care be supported?

What is a person-centred approach?

Why is it important to protect confidentiality, how can this be achieved.

HT2 -

- PSA Component 2 Written within lessons
- Understand the different types of healthcare services and barriers to accessing them
- Understand the skills, attributes and values required to give care.

Spring Term

Golden Threads: A Factors that affect health and wellbeing

A1 Factors affecting health and wellbeing

Interpreting health indicators

B1 Physiological indicators

B2 Lifestyle indicators

C Person-centred approach to improving health and wellbeing

C1 Person-centred approach

C2 Recommendations and actions to improve health and wellbeing

C3 Barriers and obstacles to following recommendations

HT3 -

Component 3—Health and Wellbeing

What physical factors can have a positive and negative effects on health and wellbeing?

What lifestyle factors can have a positive and negative effect on health and wellbeing?

Identify negative and positive social effects on wellbeing

What cultural factors can you name?

Name financial resources?

What environmental factors are there that can have an affect on your life?

What physiological indicators are used to measure health?

What is the short and long term risks of abnormal readings?

HT4

How does a person-centred approach assist an individual?

Why is a person-centred approach important?

What are the benefits of a person-centred approach?

What recommendations is it important to know to improve health and wellbeing?

What sources of formal and informal support are available to improve health and wellbeing?

What is the definition of 'barriers'

What are the potential barriers

What is the definition of obstacles.

What others obstacles could an individual face in following recommendations

What are the government recommendations on lifestyle?	

Summer Term			
Golden Threads: Consolidation of knowledge	Golden Threads: Consolidation of knowledge		
HT5 – Written Exam Preparation	HT6 – Final Written Exam May/June		
Revision of component 3 and exam practice.			
Theory Revision Lessons	A Factors that affect health and wellbeing		
Written Exam Technique	A1 Factors affecting health and wellbeing		
Seneca	Interpreting health indicators		
Blookets	B1 Physiological indicators		
Revision Guide	B2 Lifestyle indicators		
Practise exam questions	C Person-centred approach to improving health and wellbeing		
1 ractise exam questions	C1 Person-centred approach		
	C2 Recommendations and actions to improve health and wellbeing		
	C3 Barriers and obstacles to following recommendations		

Year 12 Curriculum Overview Health and Social Care

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Golden Threads: Life Stages, Physical, Intellectual, Emotional, Social, Life Events, Ageing, Genetics, Environmental factors

HT1 -

Unit 1 Human Lifespan Development

Section A – Human Growth and Development through the life stages

A1 Physical Development

A2 Intellectual Development

A3 Emotional Development

A4 Social Development

Unit 14 - Physiological Disorders and their care

Learning Aim A—Investigate the causes and effects of physiological disorders

HT2 -

Unit 1 Human Lifespan Development

Section B – Factors affecting human growth and development

B1 Nature/Nurture Debate

B2 Genetic Factors

B3 Environmental Factors

B4 Social Factors

B5 Economic Factors

B6 Major Life Events

Unit 14 - Physiological Disorders and their care

Learning Aim B—Examine the investigation and diagnosis of physiological disorders

Spring Term

Golden Threads: Life Stages, Physical, Intellectual, Emotional, Social, Life Events, Ageing, Genetics, Environmental factors

HT3 -

Unit 1 Human Lifespan Development

Section C – Effects of Ageing

C1 Physical Changes of ageing

C2 Psychological changes of ageing

C3 Societal effects of an ageing population

Unit 14 - Physiological Disorders and their care

HT4

Unit 14 - Physiological Disorders and their care

Learning Aim D— Develop a treatment plan for service users with physiological

disorders to meet their needs

Deadline and submission of Unit 14 coursework

Revision for unit 1 written exam

Section A – Human Growth and Development through the life stages

Learning Aim C—Examine treatment and support for service users with physiological	Section B – Factors affecting human growth and development
disorders	Section C – Effects of Ageing
Learning Aim D— Develop a treatment plan for service users with physiological	
disorders to meet their needs	

Summer Term		
Golden Threads: Knowledge of PIES growth and development. Evaluate Piagets, Chomsky models of development. Connections between theories/models. Factors affecting ageing.	Golden Threads: Discrimination, protected characteristics, Diversity, equality, prejudice, multidisciplinary. Code of conduct.	
HT5 – Revision for unit 1 written exam	Unit 1 Written Exam	
Section A – Human Growth and Development through the life stages Section B – Factors affecting human growth and development Section C – Effects of Ageing	Unit 5—Meeting Individual Care and Support Needs Coursework A Examine principles, values and skills which underpin meeting the care and support needs of individuals	

Year 13 Curriculum Overview Health and Social Care

Autumn Term

Golden Threads:

Unit 2: A The roles and responsibilities of people who work in the health and social care sector, B The roles of organisations in the health and social care sector, C Working with people with specific needs in the health and social care sector

HT1 -

Unit 5—Meeting Individual Care and Support Needs Coursework

B Examine the ethical issues involved when providing care and support to meet individual needs

C Investigate the principles behind enabling individuals with care and support needs to overcome challenges

HT2 -

Unit 2—Working in Health and Social Care

Written Exam Content

What types of roles do people have in the health and social care sector?

What are the day-to-day responsibilities an occupational therapist will do?

How can a worker promote anti-discriminatory practice?

Give an example of empowering a service user.

How can you ensure confidentiality?

What is an holistic approach?

What different types of setting are there to provide and meet different care needs?

What ways can organisations represent the interests of service users?

What are the ways health and social care services are monitored?

Spring Term

Golden Threads:

Know a range of roles of professionals in the health care sector. Multidisciplinary working. Process of providing the care and support necessary to meet individual needs

HT3 -

Unit 5—Meeting Individual Care and Support Needs

Coursework

D Investigate the roles of professionals and how they work together to provide the care and support necessary to meet individual needs

Unit 2 Written Exam - Working in Health and Social Care

A The roles and responsibilities of people who work in the health and social care sector

B The roles of organisations in the health and social care sector

C Working with people with specific needs in the health and social care sector

HT4

Unit 5—Meeting Individual Care and Support Needs Complete Coursework for exam board submission

A Examine principles, values and skills which underpin meeting the care and support needs of an individual.

B Examine the ethical issues involved when providing care and support to meet individual needs

C Investigate the principles behind enabling individuals with care and support needs to overcome challenges

D Investigate the roles of professionals and how they work together to provide the care and support necessary to meet individual needs

Summer Term

approach.				
HT5	HT6			
Unit 2 Working in Health and Social Care				
Revision for unit 2 written exam resit	Unit 2 Written Exam resit if required - Working in Health and Social Care			
A The roles and responsibilities of people who work in the health and social care				
sector				
B The roles of organisations in the health and social care sector				
C Working with people with specific needs in the health and social care sector				