## Welcome to our Collaboration Day

## MATIITEST



Marches Academy Trust Literature Festival starts with the work you complete today.

## Each of you will need to complete up to

3 tasks from the list for your year group.

All tasks are on the One Voice themes of Sustainability or Mental Health and Wellbeing

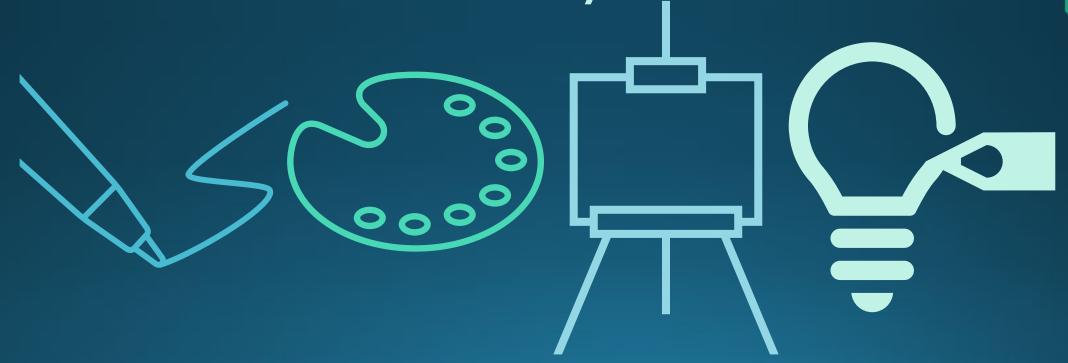
TO SUBMITYOUR SCHOOL ENTRIES PLEASE FOLLOW THIS GUIDANCE

#### TO SUBMITYOUR SCHOOL ENTRIES

All entries to MATlitFEST will be made to your school first.

Follow the advice from your teacher regarding uploading to Teams or email: athorpe@idsall.shropshire.sch.uk

You will need to use your imagination and creativity



## Here we go...

## Sustainability inspired poetry

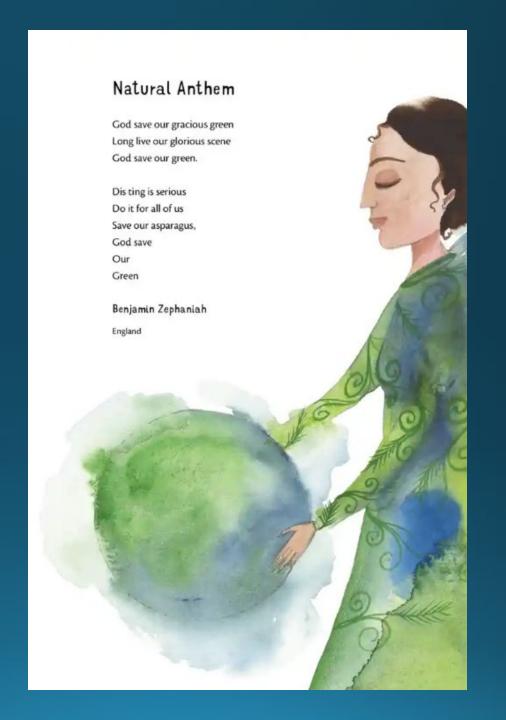


This poem is by the great British poet Benjamin Zephaniah.

Is it like another famous anthem that you know?

This clever use of poetry helps us think about our planet.

The painting helps us to understand the words.



## Morning in the forest

By Aranea Glover-Porter (Winner of Greenpeace's poems for the planet competition 2023)

I like to sit under the tree canopy

At sunrise

Bark against my back.

I look up and see the branches

Flying off in every direction

Into the blue

And the first light sitting on the patient leaves

Underneath me the roots

Run deep in the wise old earth

I imagine the fields

Gazing at the sky

Waiting for the sun to rise

The flowers dance and laugh

In a light-hearted breeze

I wish this would last forever.



Can you imagine sitting under a tree at sunrise?

What might you see, hear, smell and feel?

#### **A World Outside**

Rolling hills beside farmland quilt,

Fringe of forests where nothing is built,

Great sprawling branches stretching through time,

Gnarled old trunks ready to climb.

Mysterious valleys and babbling streams,

Exploring places taken from dreams,

Between rock faces, heather, bracken and gorse,

There's always a path to manage your course,

Shimmering in wonderful life,
Shops quaint and free of strife,
Vibrant community to which you belong,
A bond that will remain forever strong,

Yet beyond there is more than just green,

A whole world that is waiting to be seen.

Night sky a tapestry in the dark,
Pricked with stars bright and stark,
Yet on the horizon there is a glow,
Burnt orange above the town below,

## Mr A. Longville

Teacher of science (Marches Academy Trust)

## Our Mother Earth

This Mother Earth,
Who gives us life;
This Mother Earth,
Heart filled with strife,

We love her not, Though love we should; Her death we plot, For life's "own good;"

She gave us air, and food, and home. That's not enough we humans scream; With greedy lust, our mouths do foam, With evil hopes, our eyes do gleam;

Her air we fill
With smoke and death;
Ourselves we kill,
For lack of breath;

The sea once clean,
Now choked with waste;
To drink, we fear,
Will death make haste;

The soil once pure
And full of life,
Now barren sand
Of farmers' strife;

No longer she Can stand our "love;" Now we must flee Like scattered dove;

She gave us all, Unto the end; Now we appalled, Our lives defend.

## Health & Wellbeing inspired poetry

## The Laughter Forecast

Today will be humorous

With some giggly patches,

Scattered outbreaks of chuckling in

the south

And smiles spreading from the east

later,

Widespread chortling

Increasing to gale-force guffaws

towards evening.

The outlook for tomorrow

Is hysterical.



## Wonder

Water the wonder that lives in your brain. Water your wonder with questions like rain. The more that you ask the more you will know. And watering wonder will help wonder grow. Wallow in wonder wherever you go.

by Amy Ludwig VanDerWater



## **Each Moment is Precious**

Live in the moment, Just take it all in. Pay attention to everything, Right there and right then. Don't let your mind wander To what's coming next. **Cherish this moment** And give it your best. **Don't let tomorrow** Make you rush through today, Or too many great moments Will just go to waste. And the person you're with, In that moment you share, Give them all of your focus; Be totally there. Laugh till it hurts, Let the tears drop. Fill up each moment With all that you've got.

Don't miss the details; The lesson is there. Don't get complacent; **Stay sharp and aware.** It can take but a moment To change your life's path. And once it ticks by, There is no going back. In just 60 seconds, You may make a new friend. Find your true love, Or see a life start or end. You become who you are In those moments you live. And the growth's not in taking But in how much you give. Life is just moments, So precious and few. Whether valued or squandered, It's all up to you!

by Patricia A. Fleming

## I have it the Way I Want it

A bedroom where everything has its place,
An ecosystem carefully managed,
Where nothing could vanish without a trace,
Things balanced precariously but never damaged,
A world that was created only for you,
If only your mum would see it too.

Stepping carefully between clothes piles,

Over upturned plugs and outstretched wires,

A path you perfected after many trials,

Yet still your parents are firm deniers,

"It needs tidying, you'll feel a lot better."

Perhaps you'd even find your favourite sweater.

"Does anything need washing?" From downstairs they call,
You look from your phone and down to the floor,
You know that you've seen it, but you cannot recall
Where it might be, and soon decide that this is a bore,
You hear them again and you answer no,
I wish they would stop, they're ruining my flow.

Then Monday comes and starts with panic,
You have only one sock and your shirt is dirty,
Crawling around, searching, you're now manic,
Why wasn't this washed on Friday at three thirty?
You race downstairs to find your mum,
Then pace around until the washing is done,

When you get home they stand there waiting,
You walk up stairs knowing it has begun,
The way it looks is not worth stating,
Organising and hoovering is never fun,
But when you feel the end is in sight,
You look around and feel delight.

A bedroom where everything has its place, So much room for activities! Your mind begins to

by Mr A. Longville, Teacher of science at Marches Academy Trust

### My Symphony

To live content with small means; to seek elegance rather than luxury, and refinement rather than fashion, to be worthy, not respectable, and wealthy, not rich; to study hard, think quietly, talk gently, act frankly, to listen to stars and birds, to babes and sages, with open heart, to bear all cheerfully, to all bravely await occasions, hurry never. In a word, to let the spiritual unbidden and unconscious grow up through the common. This is to be my symphony. by William Henry Channing Inscribed on a clock-case in Chester Cathedral, England, is a poem, *Time's Paces*, attributed to Henry Twells. It reads:

When as a child I laughed and wept, time CREPT.

When as a youth I waxed more bold, time STROLLED.

When I became a full-grown man, time RAN.

When older still I daily grew, time FLEW. Soon I shall find, in passing on, time GONE.



### Book Making Ideas

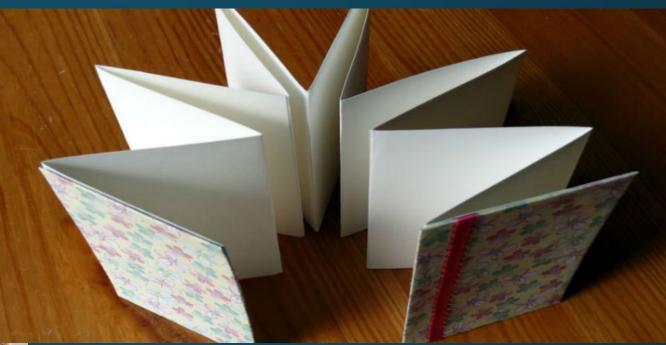


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### Book Making Ideas

### Collaged books



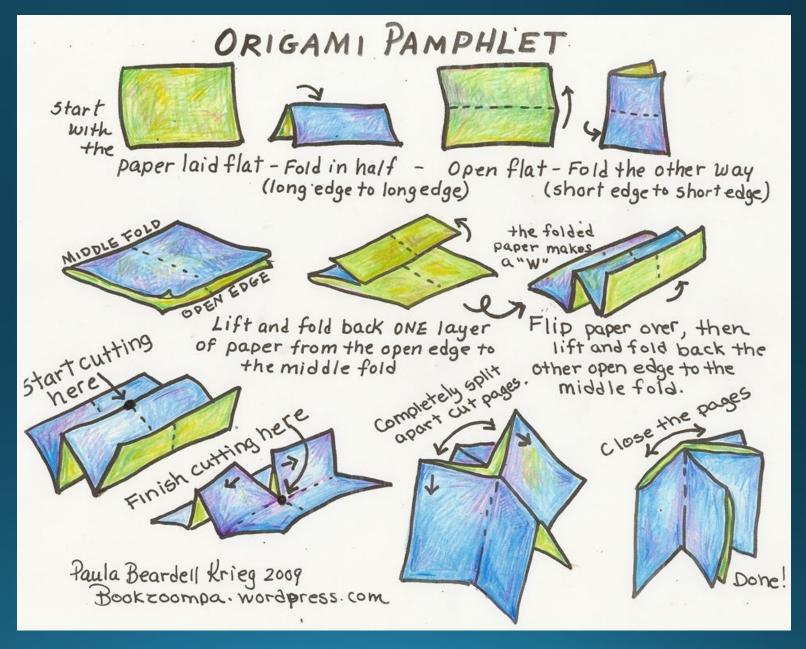


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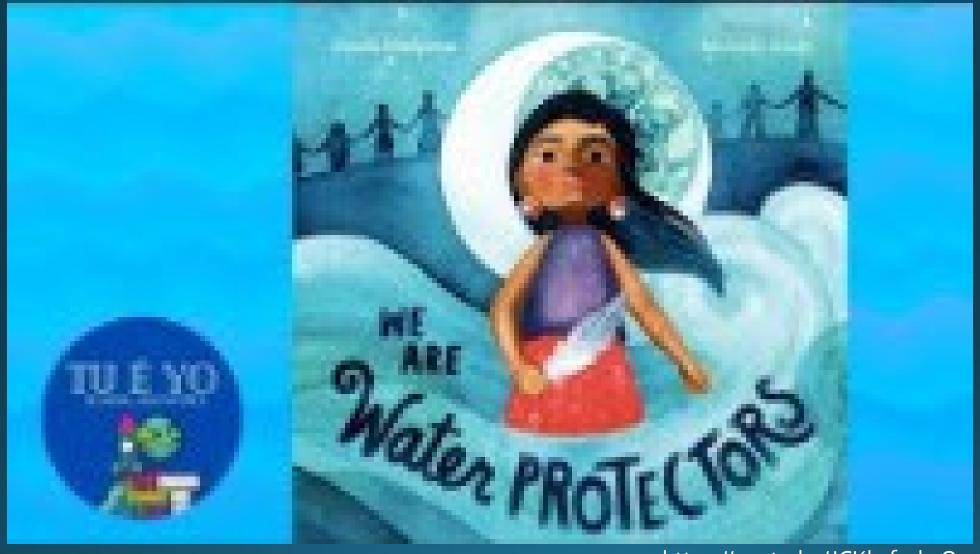
**Book Making Ideas** 

How to make a simple book



MATIItFEST 20

### Beautiful painted story illustrations - inspiration



https://youtu.be/JCKhsf7ckzQ

MATIItFEST 2

## In slideshow mode click on your year to see your tasks









## Year 7 Sustainability Poetry Task

Write a poem about one of these themes

#### **Sustainability**

- 1. What would happen if we didn't recycle?
- 2. How can we make our school more eco-friendly?
- 3. What are some ways to reduce plastic waste?
- 4. What are some ways to save energy at home?
- 5. How can we protect endangered species in our community?

## Year 7 Book Making Task

Complete a series of 8 coloured drawings or paintings that tell a story on the theme of sustainability or wellbeing.

This could be created into a physical book with a cover/blurb/notes about the author/a review from a friend.

## Year 7 Wellness Poetry Task

Write a poem or song about one of these

#### Wellness (Year 7)

- 1. What does joy feel like to you? Describe it using all five senses.
- 2. Imagine a place that brings you immense joy. What does it look like, sound like, and feel like?
- 3. Think of a time you felt great joy. Can you describe that moment without using the word "happy" or "joyful"?
- 4. If joy was a colour, what would it be and why? Write a poem describing this colour in detail.
- 5. Create a character who has never experienced joy before. Write a poem about the moment they first encounter it.



## Year 8 Sustainability Poetry Task

Write a poem about

#### **Sustainability (Year 8)**

- 1. What would happen if we stopped using plastic?
- 2. How can we make our school more eco-friendly?
- 3. What are some ways to reduce food waste?
- 4. What are some ways to reduce energy consumption at home?
- 5. How can we protect endangered species in our community?

## Year 8 Book Making Task

Complete a series of 8 coloured drawings or paintings that tell a story on the theme of sustainability or wellbeing.

This could be created into a physical book with a cover/blurb/notes about the author/a review from a friend.

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## Year 8 Wellness Poetry Task

Write a poem or song about one of these themes

#### Wellness (Year 8)

- 1. What does calmness mean to you?
- 2. What are the things that make you feel calm?
- 3. What does calmness feel like?
- 4. What is the most peaceful moment of your life so far?
- 5. Where and when do you feel most calm?

## Year 9 Sustainability Poetry Task

Write a poem about one of these themes

#### Sustainability (Year 9)

- 1. What are some ways to reduce carbon emissions in our community?
- 2. How can we promote sustainable agriculture and food production?
- 3. What are some ways to reduce plastic pollution in our oceans?
- 4. How can we reduce our reliance on fossil fuels?
- 5. What are some ways to promote sustainable tourism?

## Year 9 Book Making Task

Complete a series of 8 coloured drawings or paintings that tell a story on the theme of sustainability or wellbeing.

This could be created into a physical book with a cover/blurb/notes about the author/a review from a friend.

## Year 9 Wellness Poetry Task

Write a poem or song about one of these themes

#### Wellness

- 1. What are the things that make you happy?
- 2. What are the things that make you feel calm?
- 3. What does being healthy in mind or body or both mean to you?
- 4. What is the most peaceful moment of your life so far and why?
- 5. Where and when do you feel most calm?