

AQA GCSE Physical Education (PE) (8582)

The syllabus provides candidates with the opportunity to study both practical and theoretical aspects of PE. The knowledge gained should enable students to develop a greater understanding of effective and safe physical performance. Students have five periods of GCSE PE per fortnight (in addition to their core lessons), which will be a combination of theory and practical sessions.

Course Content

Theory

Theory content is covered by TWO exams (60%)

Exams	Paper 1: The human body and movement in physical activity and sport	Paper 2: Socio-cultural influences and well-being in physical activity and sport
What is assessed	<ul style="list-style-type: none">• Applied anatomy and physiology• Movement analysis• Physical training• Use of data	<ul style="list-style-type: none">• Sports psychology• Socio-cultural influences• Health, fitness and well-being• Use of data
How it is assessed	Written exam: 1 hour 15 minutes	Written exam: 1 hour 15 minutes
Questions	<ul style="list-style-type: none">• Answer all questions.• A mixture of multiple choice/objective test questions• Short answer questions• Extended answer questions.	<ul style="list-style-type: none">• Answer all questions.• A mixture of multiple choice/objective test questions• Short answer questions• Extended answer questions.
Percentage of course	78 marks and 30% of GCSE	78 marks and 30% of GCSE

Non-exam assessment

Practical performance in physical activity and sport (40%)

Exams	Performance assessment (practical performance)	Performance analysis assessment (analysis and evaluation)
What is assessed	<p>Students are required to be assessed in three different activities in the role of player/performer only:</p> <ul style="list-style-type: none"> • One of these assessments must be in a team activity; • One assessment must be in an individual activity, • Third assessment is either a team or individual activity. <p>Students are required to be assessed on their skills for each of their 3 activities in:</p> <ul style="list-style-type: none"> • Progressive drills (Part 1) • In the full game (Part 2) <p>Written and or verbal assessment of student's ability to analyse and evaluate performance in one sport.</p>	<ul style="list-style-type: none"> • Written and or verbal assessment of student's ability to analyse and evaluate performance in one sport. • Students can analyse their own performance or the performance of another person. • Analysis and evaluation can only be carried out on the activities included in the specification.
How it is assessed	<p>Assessed by teachers and moderated by AQA</p> <p>For each of their three activities:</p> <ul style="list-style-type: none"> • Students will be assessed in skills in progressive drills (10 marks per activity) • In the full context (15 marks per activity). <p>Each activity is assessed out of 25 marks (total 75)</p>	<p>Assessed by teachers and moderated by AQA</p> <p>Students will be assessed on:</p> <ul style="list-style-type: none"> • Analysis (15 marks) • Evaluation (10 marks) <p>of performance to bring about improvement in one activity.</p> <p>Both activities are assessed out of 25 marks (total 25)</p>
Percentage of course	30% of GCSE	10% of GCSE

For further information on the AQA GCSE Specification please [click here](#)