

Name _____

Psychology



Summer Homework Task



For your first week in Idsall School, I would like you to research the origins of psychology and the 5 approaches of psychology:

1. What are the origins of psychology? - Who is Wilhelm Wundt, what is meant by introspection and the emergence of science?
2. The biological approach of psychology - define genotypes and phenotypes, neurotransmitters, hormones.
3. The behavioural approach of psychology—define classical and operant conditioning, social learning theory.
4. The cognitive approach of psychology—define schemas, cognitive neuroscience, the role of the theoretical and computer models and inferences.
5. The psychodynamic approach of psychology—unconscious mind, psychosexual stages, defence mechanisms, ID, EGO and SUPEREGO.
6. The Humanistic approach of psychology—free will, Maslow’s hierarchy of needs, congruence, conditions of worth.

You could write about research studies from each area listed above, e.g. classical conditioning—research has been conducted by Pavlov.

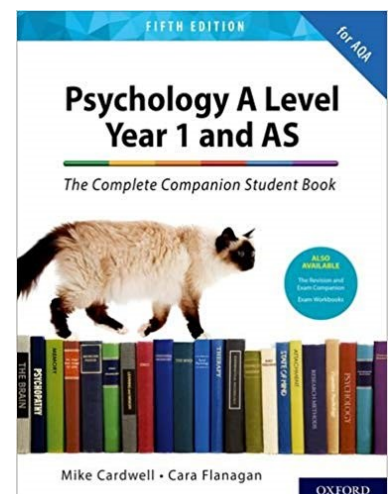
7. Write an overview of a selection of behaviours studied in Psychology. Please note; when researching on the internet, it is wise to put ‘psychology’ in the search engine as well as the word you are looking for.

You can also research using books, including the textbook we will be using next year - **Psychology A Level Year 1 and AS - the Complete Companion Student Book, 5th Edition for AQA.**

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If you have any problems with the work, then please email Mrs Mole:

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The Origins of Psychology

Who is Wilhelm Wundt - what is he known for?

What is meant by introspection?

Describe how psychology emerged as a science

The Biological Approach of Psychology

What are genotypes and phenotypes?

What are neurotransmitters?

What are serotonin and dopamine used for?

What are hormones?

What is testosterone used for?

What is evolution?

The Behavioural Approach of Psychology

Define classical conditioning

Define operant conditioning

Define social learning theory

The Cognitive Approach of Psychology

Define and give an example of a schema in cognitive psychology

What is cognitive neuroscience?

Define the role of the theoretical and computer models in psychology.

Define the term inference

The Psychodynamic Approach of Psychology

Define the unconscious mind

What are the psychosexual stages

Define defence mechanisms and define denial, displacement and repression.

Define the ID, EGO and SUPEREGO

The Humanistic Approach of Psychology

Define free will

Describe / draw Maslow's hierarchy of needs

Define congruence

What are conditions of worth?

Behaviours Studied in Psychology

Define Depression and write at least three clinical characteristics of depression

Define OCD and write at least three clinical characteristics of OCD

Define Phobias and write at least three clinical characteristics of Phobias

Define Aggression and write at least three different types of aggression