



## SCHOOL NURSING

We are qualified school nurses who are responsible for the health and wellbeing of school age children. Some examples of what we do and can help with are:

- Physical Health
- Emotional Health
- Confidential
- Non - Judgmental

- **Healthy Eating**
- **Sexual Health**
- **Confidential CHAT drop in**
- **Or anything you would like to talk to us about**

To contact your school nurse drop in at your own schools lunch time CHAT for advice or text your school nurse

[www.Shropshirecommunityhealth.nhs.uk](http://www.Shropshirecommunityhealth.nhs.uk)

We provide a school nursing service across Shropshire, Telford & Dudley

## TXT UR SCHOOL NURSE

**For confidential advice and support**

**07507330346**

Mon – Fri 9am – 4.30pm



We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We may inform somebody if we are concerned for your safety, but we will usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within one working day. Texts will not be seen outside the normal working hours. Messages are charges at your usual rate.

