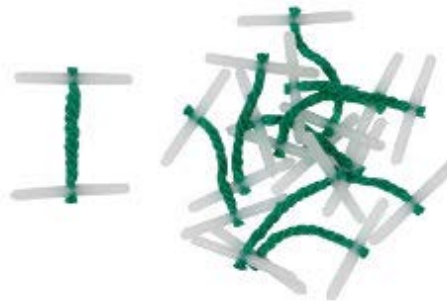


# Cue Cards for Revision



# What you need ...



# How to make them

- \* Write the topic or a question on the front
- \* Put the answer in note form on the back



# How to make them

- \* Keep it simple!
- \* Use different colours for different points
- \* Highlight key words
- \* Add a picture or a sketch
- \* Make several cards for a topic
- \* Number the cards





# How to revise with cue cards

- \* Compiling the cards is revision in itself!
- \* Take a pile of cards
- \* Read all the questions and answers through to refresh your mind
- \* Then read the questions / topic heading and try to recall as much info as possible
- \* Check your answers.



# Alternative ways to revise

- \* Give your cards to a friend and get them to quiz you
- \* Go through your cards and test yourself. Put the cards into 2 piles – those you can answer and those you can't. Go back through the second pile again (as in Stage 1) and then divide the pile



# Alternative ways to revise

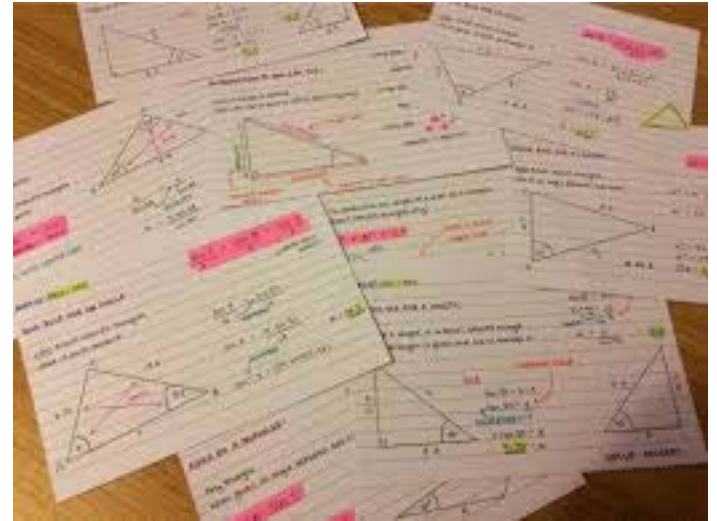
- \* Shuffle the pack. Can you do them out of order?
- \* Once you think you know the information in your pack, create a second pack of cards with less information on each card. Test yourself again. Can you remember it this time?



● Biceps Brachii  
O: Long head: Supraglenoid tubercle  
Short head: coracoid process  
I: Radial Tuberosity and  
Glenohumeral joint  
A: flex shoulder, flex supinate  
forearm at elbow  
M: Multicompartmental

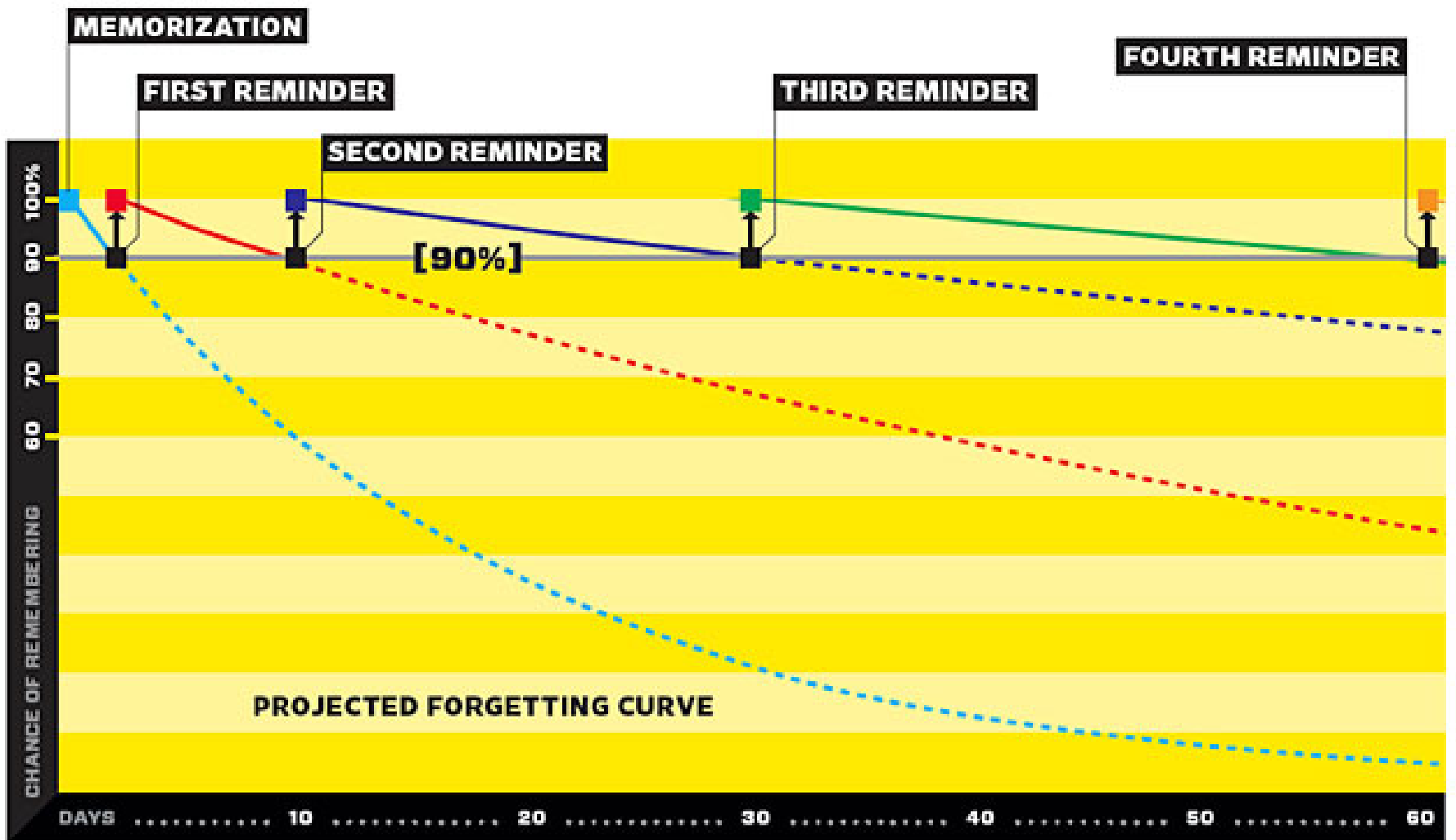
# Advantages

- \* Engages active recall
- \* Aids spaced repetition
- \* Great for self-testing
- \* Enhances retention
- \* Allows for visual learning
- \* Portable





# Spaced Repetition



# Any questions?

